



July 2024

**The Trustees of FRS are absolutely delighted to announce that FRS has raised more than £9500 so far this academic year, with money still coming in!**

This is an absolutely phenomenal amount of money, every penny of which goes back to the school to help give all the children the very best education and experiences. A huge, heartfelt **THANK YOU** to each and every one of you for supporting our events and initiatives.

Of course, none of this would be possible without the continued hard work and dedication of a small group of parents on the FRS Committee, who give up considerable time and energy to ensure that we maximise fun and profit in all that we do – **thank you**.

Special mention also goes to Kim Eccleston, for ensuring that all our bake sales run smoothly and for promoting our work; Alison Williams, for managing Your School Lottery and providing weekly updates to parents; and Karen Harding, for her continued management of the clothes recycling scheme. These three initiatives make up a considerable portion of our annual income.

We'd also like to thank – in no particular order - the army of school staff, parents and wider family members for helping us to pull off the brilliant Summer Spectacular on 5<sup>th</sup> July: *Mr Norris, Mrs Daley, Mrs Eddie, Mrs Gabbott and family, Mrs Burdock and family, Mr Trueman, Mrs Cowey, Mrs Worth, Mrs Fielding, Mrs Hill, Mrs Copeland, Mrs Tobin, Miss Crowther, Mrs Lowndes, Mr Gratton, Mrs Bolam, Miss Bishop, Mrs Walker, Rebecca Ford, Michael Ford, Claire Moorby, Jennie Neill, John Neill, Jennie Fielden and family, Nathan Gabbott, Rosa Suarez, Becky Cairns, Rebecca Jones, Helen Nuttall, Lisa Paton, Derek Lowndes, Hazel Simpson, Claire Lewis, Alison Williams and family, Chrissie Raynham-Wild, Ian Roberts, Joe Wells, Vicky Banks, Ashley Fazl-Lavassani, Gemma Whitehead, Chloe Wallace, Clare Cullen, Laura Beresford, Claire O' Brien, Rachel Lawrence, Dave Lawrence, Dani Bushell, Pippa Race, Rachel Gadsby and Alex McCKay.*

If we have forgotten anyone, please accept our apologies; it is because there are too many names to remember, not because we are not truly grateful! It was a massive team effort, raising a whopping **£2100!**

And finally, it is impossible to adequately express the depths of our gratitude to Mr Margeson, not least for giving up such a large portion of his time to design and build the fantastic new calm area, among countless other acts of kindness, but for ALWAYS saying yes to whatever FRS throws his way – **Mr Marge, you're our hero!**

We'll leave you with a special thank you from Helen Eddie, who somehow manages to find time to be FRS Treasurer alongside teaching year 6, leading on PSHE, maths and mental health, and co-ordinating the work of the Rainow Reps. Hopefully, her words help to show just how much impact your time and money has, and will continue to have, for years to come.

Have a lovely summer,

*FRS Trustees*

*Dear Friends of Rainow School,*

*Back in 2019, I introduced a 'quiet table' outside my classroom as a place that identified children could use, with a pass, at lunchtimes to help them regulate their emotions. In September 2020, on returning to school after the first Covid lockdown, the need for a safe and calm space away from the bustle of the playground and the dinner hall grew, and the table for two, outside the Y6 classroom, was in great demand.*

*In 2022, I qualified as a Senior Mental Health Lead and part of my action plan was an idea to create a safe space outside to allow children to take part in quieter activities: read, play games and puzzles, draw etc. This was backed up by feedback from the pupil survey. Lots of children didn't like the noise and the ball games and reported that the busy playground can be a stressful place for them.*

*In 2023, the newly created Rainow Reps (our version of a school council), started collecting ideas for a quiet area to hold their weekly Calm Club. They drew designs and even made models. We knew that we didn't have a budget for this so were looking at ways to use what we already had.*

*Fast forward to 2024 and the FRS wanting to create something to commemorate the school's 40<sup>th</sup> birthday; this tiny acorn of an idea could finally grow. The children, Mr Marg and I put ideas together to create a design that incorporated different areas and seating spaces, built in a position with an amazing view to appreciate, and most importantly, an indoor space to be used in all weather.*

*The children wanted it to be a cosy place and have furnished it with cushions, blankets and beanbags. There are card games, Lego, puzzles and craft activities to use as well as a selection of wellbeing books to read – all chosen by the Reps.*

*Thank you so much for the funding for this project. It will make a huge difference to the wellbeing of our school community, not only at lunchtimes but as a place for nurture and mental health interventions to take place. It will be an invaluable addition to our school environment. Welcome to 'Ridge View'.*

*Many thanks for making a difference for our children,  
Helen Eddie  
Senior Mental Health Lead & PSHE Lead.*