

# Rainow Primary School

*Caring, Learning, Achieving.*

## Sex and Relationships Education Policy (SRE)

<b>Members of staff responsible:</b>	<b>Headteacher / PSHE Subject Leader</b>
<b>Date policy approved:</b>	<b>Summer term 2018</b>
<b>Date to be reviewed:</b>	<b>Summer term 2022</b>

“Sex and Relationships Education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health.” *Sex and Relationship Education Guidance* (DfE 0116/2000)

### **Introduction**

Sex and Relationships Education (SRE) in the primary school builds the foundations of knowledge, skills and attitudes that help young people to make positive, informed and safe choices about their health and well-being both now and in later life.

This is not a task for the school in isolation, and we seek to work with parents to ensure that the teaching of SRE reflects their expectations and complements teaching at home. Parents will be informed about the teaching of sex and relationships education and when this is to occur so that they can decide whether or not to withdraw their child. Parents are sent specific letters to inform them of this teaching. This policy has been written with due regard to the statutory documents: ‘*Sex and Relationship Education Guidance*’ (DfE 0116/2000) and the supplementary guidance: ‘*SRE for the 21<sup>st</sup> Century*’ (Developed by the PSHE Association and their partners Brook, and the Sex Education Forum).

### **Aims and Objectives for Sex and Relationship Education**

#### Aims

The aim of SRE is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health related behaviour.

- Every child is entitled to receive SRE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language special needs, disadvantaged and looked after children.
- It is our intention that all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision in place so all children have full access to the content of sex and relationship education.

#### Objectives

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils self-esteem and confidence, especially in their relationships with others
- To help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others

- To help gain access to information and support
- To develop skills for a healthier, safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for puberty and adulthood
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives

To achieve our aims and objectives we follow the Christopher Winters SRE Scheme.

### **Teaching Programme for Sex and Relationship Education**

All schools must teach the following as part of National Curriculum Science. Parents do not have the right to withdraw their child/children from these lessons.

#### Foundation Stage (Reception Class)

Children learn about the concept of male and female and about young animals. In ongoing PSHE work, they develop skills to form friendships and think about relationships with others.

#### Key Stage 1 (Year 1 and 2)

Through work in science, children learn about life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health. Children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved. They learn how to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them. They also learn about personal safety.

#### Key Stage 2 (Year 3 – 6)

In science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction including conception, pregnancy and birth in Year 6. Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene. They continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendships and relationships. They will develop skills needed to form relationships and to respect other people's emotions and feelings. Sex and relationship education should focus on the development of skills and attitudes not just the acquisition of knowledge.

In addition to Science and PSHE sessions, each year group will be taught discrete SRE lessons. For the SRE Curriculum Overview, please see Appendix 1.

### **Roles and responsibilities of the Head Teacher, staff and governors**

The Head Teacher will ensure that:

- the governing body is advised about the nature and organisation of sex and relationships education and how it reflects the aims and values of the school
- sex and relationships education is provided in a way that encourages pupils to consider their own personal safety, the value of family life and the importance of marriage
- pupils are protected from inappropriate teaching materials
- a scheme of work is agreed and implemented
- parents are informed about the programme for sex and relationships education when this occurs.

#### Staff who teach SRE education are expected to:

- provide sex and relationships education in accordance with this policy and in a way which encourages pupils to consider their own personal safety and the value of family life
- participate in training as appropriate to provide sex and relationships education in line with the school curriculum policy
- implement the agreed scheme of work
- draw to the attention of the Head Teacher any materials which they consider to be inappropriate.

#### The governing body will:

- seek the advice of the Head Teacher on this policy, keep it up to date, and make it available to parents
- ensure that sex and relationships education is provided in a way that encourages pupils to consider their own personal safety, the value of family life and the importance of marriage.

#### **Organisation of SRE**

Sex and relationship education is taught by all classroom teachers and, where appropriate, outside visitors such as the school nurse. A range of teaching methods are used to teach sex and relationship education including DVDs, websites, story books, discussion, looking at case studies and role play. Sex and relationship education is usually delivered in mixed gender groups however, there may be occasions, particularly in Year 5 and 6 where single gender groups are more appropriate and relevant.

#### **Working with Parents**

Parents have a right to withdraw their child from SRE that takes place outside of National Curriculum Science. Any concerns about the content covered during SRE lessons should be addressed to the Headteacher.

#### **Child Protection**

We are aware that effective sex and relationship education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. If this happens, the staff member will inform the Headteacher/ Designated Safeguarding Lead in line with school procedures.

#### **Links with other policies**

This policy is linked with the following policies:

- Equal Opportunities
- Safeguarding Policy for Children and Young People.
- Child Protection Policy
- Behaviour, Discipline and Anti Bullying

## **Appendix 1**

### **Sex and Relationships Curriculum Overview**

#### **Reception – Our Lives**

Lesson 1 – Our Day

Lesson 2 – Keeping Ourselves Clean

Lesson 3 – Families

#### **Year 1 – Growing and Caring for Ourselves**

Lesson 1 – Keeping Clean

Lesson 2 – Growing and Changing

Lesson 3 – Families and Care

#### **Year 2 - Differences**

Lesson 1 – Differences: Boys and Girls

Lesson 2 – Differences: Male and Female

Lesson 3 – Naming the Body Parts

#### **Year 3 – Valuing Difference and Keeping Safe**

Lesson 1 – Differences – Male and Female

Lesson 2 – Personal Space

Lesson 3 – Family Differences

#### **Year 4 – Growing Up**

Lesson 1 – Growing and Changing

Lesson 2 – What is Puberty?

Lesson 3 – Puberty Changes and Reproduction

#### **Year 5 - Puberty**

Lesson 1 – Talking about Puberty

Lesson 2 – Male and Female Changes

Lesson 3 – Puberty and Hygiene

#### **Year 6 – Puberty, Relationships and Reproduction**

Lesson 1 – Puberty and Reproduction

Lesson 2 – Understanding Relationships

Lesson 3 – Conception and Pregnancy

Lesson 4 – Communication in Relationships