

Nutrition Plan with Carbohydrates and Allergens

ab529t

Nutrition Plan: Apr 21 dw1

April 21 Desserts week 1

**Legend**

- Contains
- ◐ May Contain
- Does Not Contain
- \* No Information

Group	Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites	
Desserts	Apple & Rhubarb Flapjack Slice	S7/340(P)	S7/340(P)	76.30	27.44g	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Desserts	Chocolate Crunch Finger(P)	S8/04A(P)	S8/04A(P)	34.63	19.90g	○	●	○	○	○	○	○	○	○	○	○	○	○	○	○
Desserts	Fruit Platter	S1/19A	S1/19A	74.45	11.62g	○	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Desserts	Ice Cream	S1/05B	S1/05B	40.00	8.60g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○
Desserts	Ice Cream with Fruit Coulis	S1/30A(P)	S1/30A(P)	60.40	9.95g	○	◐	○	◐	○	○	●	○	○	○	○	○	○	○	○
Desserts	Oat & Sultana Cookie (P)	S4/28A(P)	S4/28A(P)	40.38	19.48g	○	●	○	●	○	○	●	○	○	◐	◐	◐	◐	◐	○
Desserts	Yogurt	S1/10C	S1/10C	80.00	8.48g	○	○	○	○	○	○	●	○	○	○	○	○	○	○	○